



K.R. MANGALAM WORLD SCHOOL BULLETIN MANGALAM MESSENGER

(Bahadurgarh Edition) News From the Nest Issue -2 | July to Sep 2023

K.R. MANGALAM
World School
Bahadurgarh

Ranked

1

IN BAHADURGARH
IN INNOVATORS CATEGORY

By
Times School Survey 2023

EXCELLENCE

FROM THE DESK OF PRINCIPAL



"Innovation is the calling card of the future." In the hallowed halls of KR Mangalam, innovation isn't just a buzzword; it's a living, breathing force that propels students into the forefront of the technological revolution. The Innovation Lab stands as a testament to the school's unwavering commitment for shaping young minds into creative thinkers and problem solvers. Here, the fusion of Science, Technology, Engineering, Arts, and Mathematics (STEAM) comes alive, creating an ecosystem where imagination knows no bounds. It is within these walls that students delve into the realms of Robotics, Electronics, and Artificial Intelligence (AI), crafting a future that is both extraordinary and transformative. Armed with Arduino kits, they code and experiment, turning concepts into reality, and setting the stage for groundbreaking discoveries. The power of Machine

Learning is harnessed to create intelligent systems, while 3-D Printing turns dreams into tangible reality. KR Mangalam's Innovation Lab isn't just a room; it's a sanctuary for creativity, a crucible for innovation, and a launchpad for future leaders. It is no wonder that the institution has earned the prestigious 1st rank in the Innovators category by Times, a testament to their pioneering spirit in education. The work emanating from this lab is not confined to the walls of the school; it resonates globally, forming cutting-edge solutions that have the potential to shape the world. In the Innovation Lab at KR Mangalam, the future isn't a distant dream; it's a reality being forged by the brilliant minds of today.

Ms. Arpita Acharya
Principal



PLASTIC FREE DAY



We are thrilled to share the exciting news that on 3rd July, 2023 Plastic-Free Day has been celebrated at K.R. Mangalam World School, Bahadurgarh with full enthusiasm. The whole event has showcased our commitment to sustainability and environmental consciousness. In an effort to raise awareness about the detrimental effects of plastic pollution and to encourage responsible consumption, our school organized a day full of engaging activities and initiatives. To encourage long-term commitment to reducing plastic usage, students and staff were invited to

take a plastic-free pledge. Participants committed to making sustainable choices in their daily lives, from using reusable bags to reducing single-use plastic items. Our Plastic-Free Day celebration was a remarkable success, demonstrating our school's dedication to environmental sustainability. By raising awareness, inspiring creativity, and taking action, we are working together to combat plastic pollution and make a positive impact on our planet.

INVESTITURE CEREMONY: EMPOWERING LEADERS OF TOMORROW

We are delighted to share the grandeur and significance of our Investiture Ceremony, held on July 20, 2023. This annual event marked a significant milestone in our school's journey as we entrusted our student Council members with the responsibility of leading our institution into a brighter future.

The Investiture Ceremony is not just a mere event; it is a solemn occasion where our school's values and ethos are instilled in the young minds that will shape the destiny of our school. It is a moment of pride and promise

as we officially bestow leadership roles upon deserving students, empowering them to shoulder the responsibility of maintaining the school's excellence.

The ceremony commenced with the traditional lighting of the lamp, symbolizing the dispelling of darkness and the pursuit of knowledge. Our Principal, Ms. Arpita Acharya, warmly welcomed the gathering and emphasized the importance of leadership, not only in school but also in life. She stressed the significance of being



responsible, accountable, and compassionate leaders who would inspire their peers and contribute positively to society.

The highlight of the ceremony was the investiture itself, where Parikshit (Headboy) and Aditi (Headgirl) and the other the elected student Council members received their badges and sashes from the Principal. The badges symbolize the authority and responsibility entrusted to them, and the sashes represent the honor and respect they carry with their roles. It was a moment of pride not only for the leaders but also for their parents and teachers who have nurtured them. The newly appointed leaders took pledge for their commitment to uphold the values and traditions of our school and to serve their fellow students with

diligence and integrity. This solemn oath was a powerful reminder of the responsibilities they now carry on their young shoulders. The ceremony concluded with a vote of thanks and a cultural program showcasing



the talents of our students. It was heartwarming to see the enthusiasm and talent on display, reminding us of the diverse skills our school nurtures. We extend our heartfelt congratulations to the newly elected council members and wish them success in their endeavors. With their dedication and our collective support, we are confident that they will lead K.R. Mangalam World School, Bahadurgarh to greater heights.



LIST OF THE STUDENT'S COUNCIL MEMBERS:

POSTS	NAME OF THE STUDENTS
HEAD BOY	PARIKSHIT
HEAD GIRL	ADITI DHAKA
(RUBY)	
HOUSE CAPTAIN	KASHISH
PREFECTS	RAIMA, AANYA, AAYUSH
(SAPPHIRE)	
HOUSE CAPTAIN	SWASTIK DAHIYA
PREFECTS	SAUMYA CHHIKRA, SAMRITI, MANAV RATHEE
(TOPAZ)	
HOUSE CAPTAIN	UDAY KATARIA
PREFECTS	RONAK, JAYADITYA, PANA V
(EMERALD)	
HOUSE CAPTAIN	ANSHUMAN CHAUHAN
PREFECTS	NARENDER, NAMAN DALAL, SONAKHI
SPORTS CAPTAIN	ANSHIKA
SPORTS VICE CAPTAIN	AARYANSH
LITERARY SECRETARY HINDI	UMANG KATARIA
LITERARY SECRETARY ENGLISH	AADYA
CULTURAL SECRETARY	BHUMIKA AHLAWAT
CYBER MENTORS	VIDHI , SARANSH AVNI, LAKSHAY AISHVEE, SATVIK

SCHOOL'S FIESTA CELEBRATION

RAKSHABANDHAN

AT SCHOOL

As the warm winds of August give way to the colourful hues of September, we find ourselves immersed in the joyous celebration of Raksha Bandhan. This beautiful festival, also known as Rakhi, is a time-honoured tradition that celebrates the sacred bond between brothers and sisters. In this edition of our newsletter, we take through the heartwarming celebrations of festival. Raksha Bandhan, meaning "the bond of protection," holds a special place in the hearts of millions. It transcends geographical boundaries and is a testament to the enduring love shared between siblings. Sisters tie a sacred thread, rakhi, around their brothers' wrists, symbolizing their love and a promise of protection. In return, brothers offer gifts and a vow to safeguard their sisters throughout their lives. To cherish the love and protection that siblings offer each other and to appreciate the incredible love and support that siblings provide throughout our lives a small assembly has been presented by the students of Priprimarywing. Students were beautifully dressed up and they celebrated this festival with their friends with full enthusiasm.

At BSF Camp

On this auspicious occasion, girls of KRMWSB visited **BSF Army Camp, Chhawla**, where they tied rakhi on



the wrist of their soldier brothers. And left an indelible mark on all who were a part of this meaningful celebration. Students also gave a dance performance, honoring soldiers love and dedication for the nation.

JANMASHTMI

We are delighted to bring you a special edition of our school newsletter, dedicated to the



joyous and spiritually enriching celebration of Janmashtami, the birth anniversary of Lord Krishna, at KRMWSB. The campus was ablaze with colours, devotion, and cultural splendour as our students and staff came together to commemorate this significant. Hindu festival. Our tiny tots have dressed up as little Radha and Krishna and have presented different scene of Krishna Leela. One could not help but be captivated by



the school's ambiance, adorned with vibrant rangoli, flowers, and beautiful depictions of Lord Krishna's life. The atmosphere was filled with devotion and joy. From vibrant decorations to melodious bhajans, it was a day of spiritual bliss

TEEJ

Tee, a vibrant and colorful festival celebrated with immense joy and fervour, holds a special place in the hearts of people, especially in the Indian subcontinent. It is a celebration of community and culture. Teej celebrations at schools encapsulate the spirit of tradition, modernity, and unity. These celebrations not only enrich the cultural fabric of the school but also nurture a sense of belonging and harmony among the students, teaching them the importance of embracing diversity while cherishing their cultural heritage.



GANESH CHATURTHI

Ganesh Chaturthi: Fostering Unity and Devotion at Our School

Ganesh Chaturthi, one of the most revered Hindu festival, is celebrated with great zeal and enthusiasm across India and many parts of the world. This auspicious occasion marks the birth of Lord Ganesha, the elephant-headed deity, symbolizing wisdom, prosperity,

and good fortune. At KRMWSB, we embraced the spirit of unity and devotion by organizing a grand celebration of Ganesh Chaturthi. This event not only connects us with our cultural roots but also instils valuable life lessons of inclusivity, creativity, and spirituality among our students. By actively engaging in the festivities, students from Grade Nursery to III made modak with their tiny hands. In line with the eco-friendly theme, our school organizes a symbolic immersion procession. Instead of immersing idols in water bodies, our principal ma'am along with students carry small clay idols in a procession within the school premises. This thoughtful gesture emphasizes our commitment to environmental conservation. Through this celebration, we not only honour our cultural heritage but also prepare our students to be responsible and compassionate global citizens.



SPECIAL ASSEMBLY

GRADE-4: KARGIL VIJAY DIWAS

On July 26, 2023. An assembly was as presented a tribute to the brave soldiers who displayed exceptional valour during the Kargil War, showcasing their unwavering



commitment to safeguard our nation. The assembly began with a Dance

performance that vividly portrayed the heroic deeds of our soldiers during the Kargil conflict. Then students performed commendable acts, bringing to life the courage, determination, and sacrifices made by our brave soldiers. Following the act, the students recited heart-touching poems dedicated to the soldiers who laid down their lives for the country. The verses were filled with gratitude, paying homage to their selfless service.

The patriotic fervour continued with a soul-stirring rendition of the classic song. The melodious voices of our young performers echoed through the assembly hall, leaving everyone in attendance moved and inspired.

The assembly served as a powerful reminder to everyone about the sacrifices made by our soldiers, urging everyone to cherish and

protect the freedom they fought for. It was a fitting tribute to the heroes of Kargil, leaving an indelible mark on the hearts of everyone.

GRADE-2: UNITY IS THE STRENGTH

The students of Grade II presented a special assembly in the month of September, which was filled with inspiration, creativity, and the magic of unity.



The assembly revolved around a wonderful theme - "Alone we can do so little, together we can do so much." This simple yet profound idea teaches us about the power of unity and collaboration. Young students showcased. Through various presentations how working together can bring a positive change. From the song to the skit to the dance performance, they reminded us that each of us has a unique contribution.

HEALTH AND WELLNESS

K R Mangalam World School in Bahadurgarh recognizes the vital importance of fostering a culture of health and wellness among its students. The school's comprehensive Health and Wellness Program is designed to promote physical, mental, and emotional well-being.

The program integrates various elements, including regular physical activities, nutritious dietary practices, and mindfulness exercises. With state-of-the-art facilities, the school encourages students to engage in a range of sports and fitness activities, promoting an active lifestyle. Trained instructors guide students through

yoga and meditation sessions, enhancing their mental resilience and stress management skills.

Moreover, the Health and Wellness Program at KRM emphasizes on the significance of a balanced diet. Nutrition workshops and awareness campaigns educate students about the importance of making healthy food choices, fostering habits that will benefit them throughout their lives.

The school's commitment to health extends beyond the students to include staff and parents, creating a holistic approach to well-being. By instilling these practices, we aim to nurture not only academically successful individuals but also resilient and healthy members of society.

TEACHER'S DAY CELEBRATION

The duties of a teacher are neither few nor small, but they elevate the mind and give energy to the character. "As we step into the month of September, the air at KRMBS becomes filled with an undeniable sense of gratitude and respect.



This month holds a special place in our hearts as we come together to celebrate the unsung heroes of our lives - our teachers. Teachers' Day is a day when we pause to appreciate the dedication, wisdom, and passion that our educators bring to our lives every single day. The celebration was a grand affair, filled with heartfelt



gestures and memorable moments.



The day commenced with a special assembly presented by the students of Grade-5, where students gathered to pay tribute to our beloved teachers. The students presented heartwarming speeches, skits, poems, and songs expressing their deep gratitude and admiration. The



atmosphere was electrifying with emotions as our teachers received standing ovations. Throughout the day, various activities were organized to express our appreciation. Students created beautiful handcrafted cards, written with messages of thanks and admiration, and presented them to their teachers. Moreover, students promise to honour and appreciate their teachers, not just on Teachers' Day but every day.

INDEPENDENCE DAY

We are thrilled to share with you the joyous celebration of Independence Day that took place at K.R Mangalam World School, Bahadurgarh, this year. Our school ignited patriotism on the 77th Independence Day



celebration themed 'Nation First, Always First'.

Mr Jagniwas, the Municipal Commissioner, The chief Guest,



hoisted the Flag with our respected Principal Ma'am followed by the National Anthem paying homage to the sacrifices of our freedom fighters.

EDUCATIONAL EXPEDITION TO AMRIT UDYAN

We are thrilled to share with you on exciting adventure our students recently embarked upon – a visit to the enchanting Amrit Udyan (earlier known as Mughal Garden on August 26, 2023. This remarkable trip was an educational and enjoyable experience and we are delighted to provide you with a glimpse of the memorable day. The visit to Amrit Udyan was not only about enjoying the natural beauty but also an educational journey. The Amrit Udyan is called the 'soul' of the Presidential Palace and is open to the public during spring. Located in the heart of New Delhi inside Rashtrapati Bhawan, the gardens are a burst of vivid blooms and a visual treat. The picturesque landscape full of manicured lawns and hedges, Mughal style canals, and terraces is breathtaking. Our students were



guided by knowledgeable park rangers who provided valuable insights into the park's diverse flora and fauna. They learned about indigenous plant species, the importance of biodiversity, and the role of conservation in maintaining the delicate balance of ecosystem. The trip to Amrit Udyan was a remarkable experience that allowed our students to connect with nature, learn valuable lessons, and create lasting memories. We look forward

to more such enriching adventures that not only educate but also inspire our young minds.

MOON MISSION

On August 23, 2023, KRMWSB orchestrated a remarkable event that left students and teachers awe-inspired. The school hosted a live program to witness the soft landing of Chandrayaan 3 on the lunar surface right within their campus. The atmosphere was electric with excitement, and the spirit among the students was nothing short of ecstatic. As the spacecraft made its descent, the young minds gathered there, were filled with wonder, curiosity, and unbridled enthusiasm. This event not only connected them to the incredible achievements of space science but also ignited a profound interest in exploration, science, and the limitless possibilities of the universe.



Our school campus was adorned with the colours of the Indian flag, and the spirit of patriotism filled the air as students, teachers, and staff came together to commemorate this significant day in our nation's history. Following the flag hoisting, our talented students took the stage to showcase their cultural diversity and artistic talents. The performances included patriotic songs, dances representing various Indian states, and thought-provoking skits that highlighted the importance of unity and freedom. The enthusiasm and dedication of our students were truly commendable, and they left the audience spellbound.



The Independence Day celebrations was a testament to the spirit of unity, diversity, and patriotism that defines our great nation. We are proud of our students' dedication and their commitment to upholding the values that make India unique. As we look forward to the future, we hope to instill in our students a deep appreciation for our heritage and a strong sense of responsibility towards building a better India.

"RECOGNITION FOR EDUCATIONAL PROWESS"

Principal (Ms. Arpita Acharya) received Prestigious Awards

In the realm of education, exceptional leaders play a pivotal role in shaping the future of their students and institutions. Our beloved Principal Ma'am, Ms. Arpita Acharya, a beacon of inspiration and wisdom, has not only led our school with unparalleled dedication but has also garnered numerous awards and accolades for her outstanding contributions. In this edition let's again celebrate the remarkable achievements and recognition bestowed upon Principal Ma'am for her unwavering commitment to education and leadership. She was honoured with Outstanding Educational Leader 2023 for her visionary leadership and transformative initiatives in the field of education

as well as awarded with 2DSA Global Award 2023. These prestigious awards recognized her exceptional efforts in creating a positive learning environment, fostering innovation, and nurturing the overall development of our students. Through her visionary approach, innovative initiatives, and compassionate leadership, she continues to inspire generations of students and educators, leaving an indelible mark on the educational landscape.



2DSA Global Award 2023



Outstanding Educational Leader Award 2023

EYE -CAMP IN SCHOOL CAMPUS

Vision for a Brighter Future: Eye Camp Conducted at KRMWSB Campus.

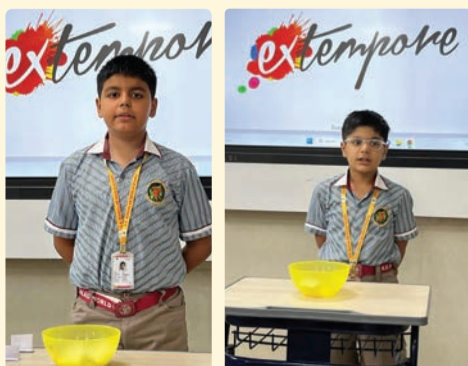
In a bid to promote the significance of eye health and ensure the well-being of its students, staff, and parents, KRMWSB took commendable initiative – an Eye Camp conducted right within the school premises. This event, held on

August 5, 2023 was a testament to the school's commitment to fostering holistic health among its members and the surrounding community. This event exemplified the school's commitment to education and community welfare, making it a beacon of hope for Bahadurgarh citizens and showcasing the power of unity and selflessness. By bringing essential healthcare services to its doorstep, the school not only enhanced the quality of life for its community but also instilled a sense of responsibility towards personal health. Such initiatives not only nurture healthier individuals but also contribute significantly



various academic competitions but also equips them to tackle the challenges of the professional world.

Extempore speaking demands articulate and erudite expression, fostering fluency that goes beyond academic settings. It's not just a skill that aids us in various academic competitions but also one that prepares us for the complexities



to the creation of a more aware, empathetic, and resilient society.

WORKSHOPS

FINANCIAL LITERACY

On August 19, 2023, KRMWSB hosted an enlightening workshop on financial literacy for parents, featuring the esteemed guest speaker, Mr. Nikhil Gupta from Enactus KMC. The event was brimming with valuable insights, emphasizing access to NSE Smart, engaging in



stock market competitions, live trading experiences, and effective portfolio management. Parents were introduced to top-tier mentors in the field, gained profound knowledge of financial markets, honed analytical skills, and acquired a grasp of risk management strategies. Mr. Gupta also introduced

his programs, including the Wealth Wizard Workshops, Financial Futures Program, and Money Master Class Mentorship, leaving attendees better equipped for a financially secure future.

READING WORKSHOP

KRM Bahadurgarh is thrilled to announce the launch of its innovative reading program, DEAR (Drop Everything and Read), which was introduced during a recent workshop. The workshop served as a platform to illuminate the importance of reading in education and personal growth. DEAR is more than a program; it's a commitment to fostering a lifelong love for reading in our students.

During the workshop, attendees gained a comprehensive understanding of the DEAR program's goals and practical implementation. Teachers and parents learned how to encourage a reading-friendly environment both in school and at home. We emphasized the pivotal role of parents in supporting DEAR and creating a culture of reading. By incorporating DEAR into daily routines, we aim to improve literacy skills, boost academic performance, and ignite the joy of reading.

At KRM, we are excited to embark on this journey, cultivating a generation of passionate readers who will excel academically and thrive personally. Together, we'll turn every moment into a reading



of the professional landscape. The finesse and confidence developed through extempore speaking not only showcase the prowess of individuals but also empower them to excel in both realms. An example of this proficiency is evident in the V-Grade students who participated in an English extempore competition. Conducted on August 28, 2023, this intra-class event allowed students to showcase their communication



skills. Notably, Aarav Kapoor, Armaan Malik, and Parth Dahiya excelled in the competition, displaying critical thinking, language skills, and the ability to articulate ideas fluently. Extempore speaking is not just about fluently presenting ideas; it's a tool to develop the best ways of thinking critically and expressing oneself quickly. It enhances time management and the ability to generate and conceive ideas on the spot. The competition's achievers exemplify how this indispensable skill empowers individuals, making them adept at navigating the challenges of the professional world and excelling in academic competitions.

BOOK REVIEW

"MINDSET" by Carol Dweck



"Mindset" by Carol Dweck has been a transformative read, challenging my perceptions and prompting introspection on the nature of my mindset. Initially, I confidently identified with a growth mindset,

believing in the potential for personal development through learning and resilience.

Dweck's assertion that "it's not always the smartest people who end up the smartest" struck a chord, leading me to reflect on my own journey. As I advanced through the chapters, I realized that while I exhibited a growth mindset in certain aspects of my life, there were still pockets of fixed thinking that I hadn't fully addressed.

The book became a mirror, forcing me to confront the moments

when I succumbed to a fixed mindset, hindering my progress. Dweck's insights pushed me to ask tough questions about my response to challenges and failures in specific areas. I discovered that acknowledging the importance of a growth mindset wasn't sufficient; consistent effort and self-reflection were imperative for its comprehensive integration into my life.

"Mindset" sparked a heightened self-awareness, prompting intentional efforts to cultivate a

growth mindset in all facets of my life. The author's wisdom served as a guide for fostering resilience and adaptability, ensuring that my personal and professional development remains dynamic and ever-evolving. Overall, "Mindset" is a compelling and thought-provoking exploration of the power of mindset, offering practical insights for those seeking continuous growth and improvement.

~By Librarian
KRMWSB

ACTIVITY CORNER

Exploring Creativity through Activities

The Activities shines as a beacon of inspiration, reminding us all of the incredible potential residing within each student. It is a celebration



of creativity, intellect, skills, and collaboration—a testament to the multifaceted brilliance of our student body. In the vibrant tapestry



of school life, the Activities stands as a testament to the boundless creativity and ingenuity of our

students. Tucked away in a cozy nook of our school, this corner serves as a bustling hub of artistic expression,



intellectual curiosity, and skill development. At KRMWSB students explore the realms of painting, crafting, and storytelling, bringing



their ideas to life through vibrant colours and inventive designs. The

classrooms resonates with the hum of creativity as students experiment with various art forms, encouraging one another to push the boundaries of their imagination. By nurturing creativity, intellectual curiosity, practical skills, and teamwork, our school prepares students to face the challenges of tomorrow with confidence and innovation.



SPORTS NEWS

"The five S's of sports training are: stamina, speed, strength, skill, and spirit; but the greatest of these is spirit."—Ken Doherty

Sports are a crucial part of a student's growth and development. They help in the development of mental health and physical fitness



of the body. Through participation in sports a student gains various skills, experience and confidence that are helpful for developing their personality. On August 28, 2023 the students of Grade-V organised a sports event to teach the value of sports to our young minds and has

brought our entire school together in the spirit of sportsmanship, unity, and athletic achievement. During the event Aaryansh presented his thought in front of everyone and highlighted the importance of sports in one's life. Yoga and Aerobics



were the highlights of the whole event. The event was dedicated to promoting the importance of sports and physical activity in our lives. It serves as a reminder of the positive impact that sports can have on our physical and mental well-being





while fostering global unity and solidarity.

At K.R. Mangalam World School, Bahadurgarh, sports is an important part of the curriculum. The school not only aims to improve a student's physical abilities but also instill a sense of good sportsmanship in them. Sports not only help in developing physical and mental health, it also develops the life skills of a student's personality.



It enhances their capabilities and helps them to have a better understanding of themselves. Sports also help in developing social skills and getting along with people. They learn to interact not only with children of their age but also with adults like their coaches and seniors. Additionally, children acquire decision-making skills through various team activities.

KRMWSB Sports is all about teamwork. KRMBS encourages

team sports such as football, cricket, basketball etc. which gives an individual a sense of identity and belonging to a group. Such sports encourage students to showcase their talent and communicate with their team members. It also helps to identify and hone their leadership skills which add values to their personality. The whole event organized by the students was a resounding success, and it wouldn't have been possible without the



enthusiasm and participation of the entire school. It reminded us that sports have the power to bring people together, break down barriers, and promote a healthy and active lifestyle.

We hope that the spirit of event continues to inspire us all to lead more active lives, appreciate cultural diversity, and build lasting friendships through sports



DIGITAL PARENTING

About Digital Parenting



“Digital parenting” basically refers to parents’ supervision of the child's online activity using digital gadgets accessible to them. The relevance of the term is gaining more and more importance in the current era, because of the penetration of the digital gadgets into everyday lives of every member in the family for various purposes.

Need for Digital Parenting

With the technology taking over our lives in every aspect, it has become necessary for parents in the family to understand that they need to extend their approach and change the style of parenting from real time to digital space also. Thus a good Digital Parenting skill requires the parents to acquaint, adapt and arise to the current scenario of Digital Survival.

This skill is required by them achieve the following objectives-

- Bridge the digital generation gap that they are exposed to in the current scenario.
- Become competent to address the challenges, risks and opportunities brought in by intervention of digital media in child's life.
- Achieve the delicate balance between supervising child's online behaviour and at the same time enabling them with required online independence.

Importance of Digital parenting



Digital parenting skills helps parents find the right balance in maintaining real life human and virtual/ digital bonds. It helps the whole family to partner with technology in a progressive, enabling and independent way, with the freedom to use it responsibly.

Digital parenting skills enables open & effective discussion on proper use of digital resources.

The digital parents of current times must acquaint themselves with “what and why” of the technologies, digital devices, social media apps, games. They must also be well aware of their appropriate usage of these technologies.

This knowledge with the right amount of age-old parenting wisdom enables parents in following ways

- It helps parents to guide the children on appropriate and right use of digital resources.
- It gives them understanding & empathy for the child in this cyber age
- It will help give the child the confidence to confide in parents, for suggestions on their digital issues
- This helps parents and children have open talks about issues

Digital parenting skills enables you to be your child's role model in digital world.

Parents should always bear in mind that they are their child's first

teachers. It is them who the children observe constantly while growing up and it's their footsteps that the children step in later. Therefore, parents should not only be aware of technologies and their proper usage, but also strictly implement the standards they intend to set for children.

Digital parenting skills helps them to be technically updated to monitor your child's activity.

With the ever-developing technologies, there are updated digital gadgets with variety of features, games, applications trending in the market, which children will be interested to use.

The appropriate information regarding these helps the parents to be knowledgeable enough to understand and guide the child when they try to use these trending gadgets/technologies. Also, there are some useful apps to track child's whereabouts; their online activity etc., apps like life 360, bark, net nanny etc. are few examples which can help in digital parenting.

Digital parenting skills helps to be aware of dangers and threats in digital space

As interesting, exciting and informative the world of internet may seem, it certainly has dangers and threats lurking around. The threats of phishing, cyber bullying, trolling, malware, hacking etc., are all real and children can be even more vulnerable to these threats.

It becomes necessary for parents in this digital age to not only have an understanding about these online dangers and threats but also be aware about the ways and measures to be suggested to ensure online safety of child

Digital parenting skills ensure effective and secure use of gadgets

The digital gadgets accessed by children today are more advanced

and have variety of security features which can be enabled for their effective use.

Having knowledge about these features can help parents in activating the privacy options with appropriate security settings on the digital devices accessible to children, avoiding inappropriate online exposure for their age and also helping them be safe online.

Digital parenting skills ensures productive use of digital devices and technology

The digital parenting skills help them to have an understanding of both its pro & cons in the digital world. This understanding ensures that they adopt an enabling parenting style. It helps to draw family guidelines, contracts, agreements for proper use of digital devices with open talks or discussions. This open approach helps them efficiently manage child's digital time and supervise their digital activity effectively.

Ways to be a Good Digital Parent

A good digital parenting skill requires effective execution of right proportion of age old parenting wisdom, with updated knowledge of right & appropriate use of digital devices. For a successful digital parenting story, parents have to device ways and means of implementing the good digital practices in the family.

Be a good Digital Role Model

- Not engaging too much in digital devices when you are around children.
- Pay attention to children and to what they want tell you
- Engage in interactive talk with children when you are around them
- Have digital free zones like bedtime, dinner time, play time, driving time etc.,

- Model kindness and good manners, when using digital medium for communication

Practice open communication - have open talks, share & discuss with children

- Listen to children when they are trying to talk to you about their digital issues
- Respect their point of view without being too critical or judgmental
- Discuss about different ways to arrive at a possible solution and

offer mentorship

- Engage in positive, encouraging and motivating approach while talking to children
- Have a calm and cool attitude without overreacting or over responding
- Be accessible to children; have certain time in a day allocated to family and children like dinner time, bedtime, weekend outings etc.,

Keep track and have information

- Take help of available technologies and apps which help you to keep track and tabs on child's online activity. Example: Bark, net nanny etc.,
- Be observant and aware of verbal and nonverbal behavior cues of children. Look out for signs of of sadness, anxiety, mood swings, aloofness, engaging overly on digital media, addictive behavior, sleeplessness etc., which may indicate trouble.

- Enable security features and privacy settings on the digital devices in age appropriate manner
- Know about the friends, social media accounts and activities that the child is generally involved with
- Monitor online gaming habits of children and keep them aware of dangers of certain online games
- Make screen time to be a combined activity rather than an individual one.

By Cyber Mentors

STUDENT'S CORNER

अन्नदाता किसान

गौरव गाथा किसान की, मैं सबको सुनाने आई हूँ।

उसकी हर सच्चाई से, अवगत कराने आई हूँ।

अन्नदाता सर्वदाता है वो, ये सबको बताने आई हूँ।

हलधर के प्राणों की रक्षा की, शपथ उठवाने आई हूँ।

मेरे देश की गाथा महान है, इसका नायक किसान है।

स्वेद बहा वो हल चलाए, चीर धरा को सोना उगाए।

हर किसी को अन्न खिलाए, सबका अन्नदाता कहलाए।

दूसरों का भरकर पेट वह, खुद खाली उदर ही सो जाए।

आंधी तूफान धूप वर्षा को, इसने मित्र बना लिया।

सबसे पहले उठकर इसने, सूरज को भी जगा दिया।

ब्रह्मा ने आहुति देकर, यह संसार बनाया है। अपना लहू मिला माटी में, इसने अन्न उगाया है।

कड़ी मेहनत करने पर भी, वह रूखी-सूखी खाता है।

अपनी रातें काली करके, वह गोहूँ धान उगाता है।

बूँद-बूँद जल एकत्रित कर, धरा को अमृत पान कराता है।

सूखे बीज में प्राण बसाए, अनंत जीवनदाता किसान।

स्वाभिमानी वो पालक, वही पीर पैगम्बर भगवान।

फसल जब खेतों में लहराए, किसान खुशी तब भी न पाए।

जब तक फसल न पक जाए, रात-दिन उसको चैन न आए।

हर क्षण नूतनता का गान, सर्वपालक है अपना किसान।

जय हो भारत के किसान, नहीं किया तुमने विश्राम।

हर पल तुमने किया है काम, करते हम तुम्हारा सम्मान।

कशिशा

ART BY THE STUDENTS



(Manasavi, Grade-1)



(Aayansh Jain, Grade-2)



(Punya, Grade-7)

COMMONLY USED PHRASES IN FRENCH

1. Pourriez-vous m'aider? = Can you help me?
2. Répétez s'il vous plaît.= Please repeat.
3. Je cherche cette adresse.= I am looking for this address.
4. Je ne sais pas = I don't know
5. Excusez-moi = Excuse me
6. Felicitations != Congratulations!
7. Puis - je m'asseoir ici ? = Can I sit here ?
8. Bienvenue = Welcome

(Kashish & Swastik, Grade 8)

IMPORTANT SANSKRIT SHLOKAS

नीति श्लोकाः

सुखार्थिनः कुतो विद्या, विद्यार्थिनः कुतो सुखम्।

सुखार्थी वा त्यजेत् विद्यां, विद्यार्थी वा त्यजेत् सुखम्॥

अर्थात्-सुख-सुविधाओं की इच्छा रखने वाले को विद्या प्राप्त नहीं होती और जो विद्यार्थी विद्या अध्ययन में लीन रहता है उसको सुख-सुविधाएँ कहां। सुख-सुविधाओं की इच्छा रखने वाले को विद्या त्याग देनी चाहिए और विद्या चाहने वाले को सुख - सुविधाओं का त्याग कर देना चाहिए।

विद्यां ददाति विनयं विनयाद् याति पात्रताम्।

पात्रत्वात् धनम् आप्नोति धनात् धर्मं ततः सुखम्॥?

अर्थात्-विद्या से स्वभाव में विनम्रता आती है और विनम्रता से योग्यता आती है। योग्यता से धन प्राप्त होता है व धन से हम धर्म के कार्य कर सकते हैं और धर्म से सुख की प्राप्ति होती है।

काक चेष्टा, बको ध्यान, श्वान निद्रा तथैव चा अल्पाहारी, गृहत्यागी, विद्यार्थी पंच लक्षणं॥

अर्थात्-एक विद्यार्थी को कौए की तरह जानने की चेष्टा करते रहना चाहिए, बगुले की तरह मन लगाना चाहिए स्वान की तरह कम निद्रा, कम तथा संतुलित खाने वाला, ग्रह का त्याग करने वाला होना चाहिए। यही सच्चे विद्यार्थी में पाँच लक्षण होते हैं।

वाणी रसवती यस्य यस्य श्रमवती क्रिया।

लक्ष्मी दानवती यस्य सफलतम् तस्य जीवनं॥

अर्थात्-जिस मनुष्य की वाणी में मिठास होती है, जिसका कार्य परिश्रम से युक्त होता है, जिसका धन दान में प्रयुक्त होता है उसका जीवन सफल होता है।

परीक्षित (कक्षा 8)

EDITORIAL TEAM

Facilitators:

1. Ms. Mamta Dahiya
2. Ms. Vanika
3. Ms. Sakshi Sharma

Student Editors:

1. Avni (Cyber Mentor)
2. Lakshay (Cyber Mentor)
3. Parikshit (Head Boy)
4. Aditi (Head girl)

Design By :

KRM Design Team